



1
00:00:11,280 --> 00:00:55,350
okay

2
00:00:55,360 --> 00:01:24,830
no legend

3
00:01:24,840 --> 00:01:55,109
oh yeah

4
00:01:55,119 --> 00:02:09,430
yes

5
00:02:13,589 --> 00:02:11,990
hi i'm nasa astronaut terry verts and

6
00:02:15,750 --> 00:02:13,599
we're here at the baikonur cosmodrome

7
00:02:17,430 --> 00:02:15,760
doing our final preparations for launch

8
00:02:19,430 --> 00:02:17,440
in just a few days from now my crew

9
00:02:20,710 --> 00:02:19,440
anton shkaplerov samantha christopher

10
00:02:22,790 --> 00:02:20,720
freddy and i will be going to the

11
00:02:28,390 --> 00:02:22,800
international space station for a six

12
00:02:34,710 --> 00:02:31,830
this is one of the vestibular training

13
00:02:36,790 --> 00:02:34,720

sessions that we do here in baikonur in

14

00:02:38,470 --> 00:02:36,800

preparation for a lounge terry is

15

00:02:39,990 --> 00:02:38,480

basically rotating on this chair and at

16

00:02:42,150 --> 00:02:40,000

the same time he's moving his head like

17

00:02:43,830 --> 00:02:42,160

this and that induces a coriolis

18

00:02:47,190 --> 00:02:43,840

stimulation in your vestibular system

19

00:02:48,869 --> 00:02:47,200

and that might help us not getting um

20

00:03:16,070 --> 00:02:48,879

space sick when we when we get to space

21

00:03:20,070 --> 00:03:18,550

take some pictures of me helping amanda

22

00:03:21,670 --> 00:03:20,080

i've always got a good picture though hi

23

00:03:23,190 --> 00:03:21,680

i'm astronaut terry virts and we just

24

00:03:25,910 --> 00:03:23,200

did the tree planting ceremony at

25

00:03:27,670 --> 00:03:25,920

baikonur it's a tradition where every

26

00:03:29,509 --> 00:03:27,680

astronaut and cosmonaut who launches

27

00:03:30,949 --> 00:03:29,519

from baikonur plants a tree and ever